



Happy New Islamic Year

MONTHLY NEWS LETTER OF MEMON JAMMAT JEDDAH

DECEMBER 2010 ISSUE # 18



نيا اسلامي سال مبارك
السلام عليكم ورحمة الله وبركاته

Dear Brothers and Sisters
Assalamo Alaikum WRWB

We welcome you to our another edition of Newsletter for Decenber 2010. Alhamdo Lillah, we have completed the month Holy Haj & Eid Al Adha, without any adversity and the Islamic year of 1431 H is going to end on 6th December,2010. We take the opportunity to express our best wishes to our community members on the advent of new Islamic year 1432 H. May this New Year be the prosperous year for the Muslim Ummah, A'ameen. We hope all our community members who went to observe Eid Holidays with their loved ones abroad would have enjoyed the holidays and returned safely to the Kingdom by now.

We express our thanks to all members of memon community of different part of the world who sent to us Eid Greetings. We also like to thank those community members who took the time to write to us and gave us their valuable feedback and suggestions which are in fact of a great guidance to us. We hope this news letter will be interesting and informative to you all. We sincerely apologize in advance for any unintentional omissions or errors in this newsletter. Thank you and wish you **Happy New Islamic Year 1432** and look forward to continued cooperation from all our community members.

Best regards
Newsletter Committee



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Summary of the activities of First Year of Current Body after taking over office of Memon Jamat for 2 years from Nov.2009 to Nov. 2011

<u>S.No.</u>	<u>Description of Activities</u>	<u>Date</u>	<u>Participants</u>	<u>Venue</u>	<u>Source of funds</u>
1.	Educational Seminar & Family Gathering, Lectures delivered by special speakers in male & female sections	5/2/2010	600	Johra Al Firdous Wedding Hall	Card Charges were SR.20/each only
2.	Enlightening Speech by Dr. M.U.Chapra, Social gathering of males members of the community	22/4/2010	80	La'Sani Restaurant Jeddah	Card Charges were SR.50/each
3.	Distribution of Computer to families. This stopped due to lack of interest in the community	April 2010	6	Al Amazone Computer Tech.	Donated by a businessman Of our community
4.	Reception to Ahmed Chinoy President All Pakistan Memon Federation attended by Chief Patron, Patrons and MC and AC	22/07/2010	Full Board of Memon Jamat	La'Sani Restaurant Jeddah	from Board Members monthly contribution
5.	Iftar Party and Fund raising for Pak Flood Victims	23/08/2010	177	La'Sani Restaurant Jeddah	Sponsored by 3 Businessmen of our community
6.	Distribution of aids & assistance to the victims of Pak-flood	Eid Al Fitar vacations		In Pakistan conducted by M.Hanif Jangda	Almost SR.100K collected at Iftar
7.	Family Gathering	09/12/2010	expected 600	Venue to be decided	sponsorship or card charges
8.	Computer & Coaching institute	Near future	Many	under consideration	To be decided

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Beside above mentioned aforementioned activities, Memon Jamat is also engaged sincerely with:

- Voluntarily Matrimonial services
- Helping poor students for education fee
- Helping families for health care
- Helping in Coffin & Burial Services
- Helping & guiding unemployed in seeking employment
- Other social & welfare activities in the interest of the community

Needless to mention that Memon Jamat has received a positive response & feed back from the community members on the summary of performance already circulated among community. We have also received appreciation from the community (young and senior members) by emails and telephone calls for keeping the community active & united by arranging various programs and social gatherings from time to time. This is a big achievement and vital role played by Memon Jamat so far, that memon brothers and their families residing in Saudi Arabia have started knowing each other who did not know most of them before inception & smooth & peaceful performance of the existing Memon Jamat. We appreciate cooperation of our community brothers and we look forward to continued support and patronage in the future.

Silence, Smile & Smooth performance in all circumstances is key to success in social & welfare field.

May God Bless All.



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MEMON JAMAT'S EVENTS:

1) FAMILIES GET TO GATHER

AN EVENT OF FAMILY GATHERING WITH A GRAND DINER HAS BEEN APPROVED AND IT WILL TAKE PLACE FOR THE FAMILIES OF MEMON COMMUNITY RESIDING IN SAUDI ARABIA ON THURSDAY 9TH DECEMBER 2010 AT A SUITABLE VENUE IN JEDDAH. A SEPARATE ANNOUNCEMENT CONTAINING INVITATION PROCEDURE, VENUE, MENU WILL BE MADE VERY SHORTLY. THE ENTRY IN THIS EVENT WILL STRICTLY REQUIRE INVITATION CARD AND THE INVITATION WILL BE DISTRIBUTED ON FIRST COME FIRST BASIS UNTIL CERTAIN DATE, SO PLEASE DO NOT FORGET TO OBTAIN INVITATION FROM OFFICE BEARERS OR MEMBERS OF EVENT MANAGEMENT COMMITTEE AFTER FINAL OFFICIAL ANNOUNCEMENT OF THE EVENT BY CIRCULAR. PLEASE BE ALERT TO RECEIVE OUR CIRCULAR ABOUT FAMILY GATHERING IN A DAY OR TWO.

2) PRIZE DISTRIBUTION

COMMUNITY MEMBERS ARE REQUESTED TO RECOMMEND OUTSTANDING & MERITORIOUS STUDENTS OF THE COMMUNITY ALONG WITH DOCUMENTARY EVIDENCE TO ANY OFFICE BEARER OF JAMAT, ENABLING MEMON JAMAT TO CONSIDER AND DECIDE TO AWARD THE OUTSTANDING STUDENT WITH TOKEN OF APPRECIATION & ENCOURAGEMENT.

3) SOCIAL EVENING WITH SCHOLAR/CELEBRITY

AFTER SUCCESSFUL EVENT OF ENLIGHTENING SPEECH OF DR. MOHAMMED UMER CHAPRA TOOK PLACE TWICE THIS YEAR AND UPON REQUEST OF THE AUDIENCE, THE SIMILAR PROGRAM WITH ANOTHER SCHOLAR AND CELEBRITY WILL BE ARRANGED IN NEAR FUTURE.



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ANNOUNCEMENTS

1. A **COMPUTER TRAINING INSTITUTE** HAS BEEN **APPROVED** IN THE BOARD MEETING TO BE ESTABLISHED WHICH WILL PROVIDE MEMON STUDENT WITH FREE OF COST TRAINING WHILE NON MEMON WILL BE BENEFITED FROM THE INSTITUTE AT A VERY NOMINAL FEE. WE ARE WORKING ON LEGAL REQUIREMENT FOR THE INSTITUTE AND ALSO SEARCHING 2 ROOMS APARTMENT AT REASONABLE RENT OR OFFICE TYPE SHOP WHERE WE COULD PLACE AT LEAST 10 COMPUTERS EASILY. A SEPARATE FUND WILL BE RAISED FOR THIS PROJECT OF JAMAT SOON. **WE SHALL APPRECIATE IF ANY OF OUR COMMUNITY COULD HELP US IN FINDING THE PREMISES FOR THE WELFARE PROJECT.**
2. THIS IS DECIDED TO INVITE APPLICATIONS FROM POOR FAMILIES WHO CANNOT AFFORD **SCHOOL FEE** OF THEIR CHILDREN OR THEIR CHILDREN HAVE DISCONTINUED DUE TO INABILITY TO PAY THE SCHOOL FEE. THIS AID SHALL BE PROVIDED TO NEEDY FROM ZAKAT FUNDS AFTER NECESSARY FORMALITIES. NEEDY FAMILY MAY CONTACT JAMAT IF THEY ARE REALLY FACING FINANCIAL HARD SHIP TO AFFORD SCHOOL FEES OF THEIR CHILDREN.
3. REGISTRATION OF MEMON BROTHERS IS OPEN BY SUBMITTING MEMBERSHIP FORM TO ANY OFFICE BEARERS OR BY VISITING OUR **WEBSITE** AND REGISTERING YOUR SELF IN THE MEMBERS DIRECTORY which will FACILITATE DISTRIBUTION OF INVITATIONS ON VARIOUS OCCASIONS, CIRCULATION OF VARIOUS INFORMATION TO ALL BROTHERS.
4. WE ARE ACCEPTING DONATIONS, CONTRIBUTION, OR COMMITMENT TO PAY IN FUTURE OR FOR SPECIFIC PROJECT. BROTHERS MAY DONATE THEIR **FUNDS** TO MEMON JAMAT SPECIFYING THE USAGE OF THEIR FUND IN ANY OF THE FOLLOWING:
 - (I) TO USE IN WELFARE PROJECTS OF MEMON JAMAT
 - (II) TO USE IN EVENTS OF MEMON JAMAT
 - (III) TO USE IT IN ZAKAT AND/OR CHARITABLE PURPOSES

DONORS MAY KINDLY CONTACT ANY OF THE OFFICE BEARERS OR FUNDS COMMITTEE.



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Beautiful Picture of the world



Teachings for us to follow:

"Keep away from prohibited things and you will be among the best of worshippers."

"Be content with what Allah has given you, and you will be among the richest of people."

"Love for other people what you love for yourself."

"Do not laugh too much, for excessive laughter deadens the heart."

"Wrongdoing will be multiple darkness on the Day of Resurrection."

"Fear Allah and treat all your children fairly."

"Fear the Fire, even if by giving half a date (in charity)."

"Fear the prayer of the oppressed."



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An informative email received from our community brother

WHAT CANCER CELLS FEED ON:

a. Sugar is a cancer-feeder. By cutting off sugar it cuts off one important food supply to the cancer cells.. Sugar substitutes like NutraSweet, Equal, Spoonful, etc are made with Aspartame and it is harmful. A better natural substitute would be Manuka honey or molasses but only in very small amounts. Table salt has a chemical added to make it white in colour. Better alternative is Bragg's aminos or sea salt.

b. Milk causes the body to produce mucus, especially in the gastro-intestinal tract. Cancer feeds on mucus. By cutting off milk and substituting with unsweetened soy milk, cancer cells are being starved.

c. Cancer cells thrive in an acid environment. A meat-based diet is acidic and it is best to eat fish, and a little chicken rather than beef or pork. Meat also contains livestock antibiotics, growth hormones and parasites, which are all harmful, especially to people with cancer.

d. A diet made of 80% fresh vegetables and juice, whole grains, seeds, nuts and a little fruits help put the body into an alkaline environment. About 20% can be from cooked food including beans. Fresh vegetable juices provide live enzymes that are easily absorbed and reach down to cellular levels within 15 minutes to nourish and enhance growth of healthy cells.

To obtain live enzymes for building healthy cells try and drink fresh vegetable juice (most vegetables including bean sprouts) and eat some raw vegetables 2 or 3 times a day. Enzymes are destroyed at temperatures of 104 degrees F (40 degrees C).

e. Avoid coffee, tea, and chocolate, which have high caffeine. Green tea is a better alternative and has cancer-fighting properties. Water--best to drink purified water, or filtered, to avoid known toxins and heavy metals in tap water. Distilled water is acidic, avoid it.

12. Meat protein is difficult to digest and requires a lot of digestive enzymes. Undigested meat remaining in the intestines become putrified and leads to more toxic buildup.

13. Cancer cell walls have a tough protein covering. By refraining from or eating less meat it frees more enzymes to attack the protein walls of cancer cells and allows the body's killer cells to destroy the cancer cells.



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14. Some supplements build up the immune system (IP6, Flor-ssence, Essiac, anti-oxidants, vitamins, minerals, EFAs etc..) to enable the body's own killer cells to destroy cancer cells. Other supplements like vitamin E are known to cause apoptosis, or programmed cell death, the body's normal method of disposing of damaged, unwanted, or unneeded cells.

15. Cancer is a disease of the mind, body, and spirit. A proactive and positive spirit will help the cancer warrior be a survivor.

Anger, unforgiveness and bitterness put the body into a stressful and acidic environment. Learn to have a loving and forgiving spirit.. Learn to relax and enjoy life.

16. Cancer cells cannot thrive in an oxygenated environment. Exercising daily, and deep breathing help to get more oxygen down to the cellular level. Oxygen therapis another means employed to destroy cancer cells.

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Important Announcement about Matrimonial Services خدمات برائے ضرورت رشتہ

After family gatherings organized by memon jamat during the year, several families have become active in searching match for their grown up children from among the community. Al Hamdo Lillah in this connection a good progress is going on, in fact proposals among various families for their children are being exchanged **with the help of families of some office bearers** under **strict confidentiality**.

Since the Memon Matrimonial Website is under construction which might take time, we kindly request all those memon families whose children are grown up and they intend to look for OR waiting for match now or after some time, to submit very brief particulars about their children. We can help them in finding match for their children. All information provided to us will remain **confidential** and all communications between two families will also be under **strict confidence**. Needless to mention that some families are already in contact with us and we are extending help to them for finding match for their children. Serious families may kindly fill out the following blanks and forward to us on masa@memonassociation.com OR female family members can contact a responsible lady of jamat on 0569596417 and let her know the details about searching a match.

Good Luck.

Name of Head of Family _____ Nationality _____

Home Phone No. _____ Mobile _____ Email _____

Children: Sons : (1) Age ____ Education ____ Earning Yes or No (2) Age ____ Education ____ Earning Yes or No

Daughters : (1) Age ____ Education _____ (2) Age ____ Education _____



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An Interesting Email received from our Community Brother:

GREAT TRUTHS THAT ADULTS HAVE LEARNED:

- 1) Raising teenagers is like nailing jelly to a tree.
- 2) Wrinkles don't hurt.
- 3) Families are like fudge...mostly sweet, with a few nuts
- 4) Today's mighty oak is just yesterday's nut that held its ground...
- 5) Laughing is good exercise. It's like jogging on the inside.
- 6) Middle age is when you choose your cereal for the fiber, not the toy..

GREAT TRUTHS ABOUT GROWING OLD

- 1) Growing old is mandatory; growing up is optional...
- 2) Forget the health food. I need all the preservatives I can get.
- 3) When you fall down, you wonder what else you can do while you're down there.
- 4) You're getting old when you get the same sensation from a rocking chair that you once got from a roller coaster.
- 5) It's frustrating when you know all the answers but nobody bothers to ask you the questions...
- 6) Time may be a great healer, but it's a lousy beautician
- 7) Wisdom comes with age, but sometimes age comes alone.



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THE FOUR STAGES OF LIFE:

- 1) You believe in Santa Claus.
- 2) You don't believe in Santa Claus.
- 3) You are Santa Claus..
- 4) You look like Santa Claus.

SUCCESS:

- At age 4 success is Not piddling in your pants.
At age 12 success is . . . Having friends.
At age 17 success is . . . Having a driver's license.
At age 35 success is . . . Having money.
At age 50 success is . . . Having money..
At age 70 success is . . . Having a drivers license.
At age 75 success is . . . Having friends.
At age 80 success is . . . Not piddling in your pants.

Always remember to forget the troubles that pass your way;
BUT NEVER forget the blessings that come each day.

Have a wonderful day with many *smiles*

Take the time to live!!!

Life is too short.



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Memon Jamat Saudi Arabia

Patrons



Ashraf Tumbi
Chief Patron



Yaqoob Moosani
Patron



Ahmed Abdul Karim
Patron



Mohammed Chapra
Patron

Office Bearers (Core Committee)



Dr. Iqbal Musani
President



Younus Habib
Vice President



Asif Lala
Vice President



Tayyab Moosani
Gen. Secretary



Nasir Ibrahim
Joint Secretary



M. Hanif Jangda
Treasurer

Advisory Committee



Aftab Memon



Masood Marfani



M. Amin Almaimani



Mansour Shivani



Iqbal Advani



Hanif A. Sattar

Managing Committee



Kaleem Ahmed



Muanf A. Sattar



A. Razzak



Shoaib Sikander



Arif H Usman



Luqman Amanullah



Habib Rahmatullah



Waseem Tai

Managing Committee

Muslim Amanullah
Pic. Not available

Mohamed Ismail Ravera
Pic. Not available

Iqbal Godil
Pic. Not available