

Ramadan Mubarak



Issue No. 85

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M. Asif Lala
Siraj Adamjee

Prepared and produced by
Newsletter Committee MWS
MASA with approval of
President and General Secretary.

Contact Emails:
masawelfare@gmail.com
masa@memonassociation.com



Memon Welfare Society Monthly Newsletter – July 2016



MASA Ke Houway Puray Aath Saal – Behter Khidmat Ki Behtreen Misal

I feel honour to attend events of MWS-MASA; Dr. Mohamed Umer Chapra
MWS-MASA has global fame now due to Int'l Memon in it; Iqbal Memon Officer



Dr. M U Chapra, Chief Guest and Iqbal Memon Officer Presiding Guest with Patrons and
Office Bearers, cutting a cake by their good hands at an occasion of 8th Anniversary of
Memon Welfare Society (MASA) and 7th Anniversary of MASA Newsletter.

Another event of Iftar with Dinner for the community brothers also organized successfully.
Both event's details with pics and press clippings are placed in the following pages fyi.

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Dear Brothers and Sisters, Assalamo Alaikum WRWB

Al Hamdo Lillah, Holy Month of Ramadan is almost at end. We pray to Allah almighty to accept our Fastings, Recitations of Holy Quran, Travees, and all other worships we have offered so far and offering extra prayers during the last Ashra which has night of power "Lailatul Qadar. We believe that you won't have forgotten needy people who deserve Zakat and Fitra. We should also remember them on the happy occasion of Eid. Most of our people are traveling to their home country to meet and greet their loved ones on the occasion of Eid Al Fitar.

We on behalf of MWS-MASA express **Eid Mubarak** in advance to our entire memon community in Saudi Arabia as well as through out world. May MWS-MASA live long with its continuous welfare services and with unity and affection among community. God bless you all. Aameen.

In this issue, in addition to our regular information, you will find details about two wonderful events took place during last month. One held on 2nd June 2016, 8th Anniversary of MASA and 7th Anniversary of MASA Newsletter together and other one Iftar Party held on 14 June 2016. Both events were organized very successfully.

Lastly, hope this issue of MASA Newsletter # 85 will be interesting & informative to you. Please send us interesting & informative write ups that we may share with community. We sincerely apologize, if there is any omission or error in it. Thanks and look forward to continued support & cooperation from our community members.

Best regards
Newsletter Committee

Various Committees to facilitate our activities:

Funds Committee:

Shoib Sikander
Younus Habib
Mansoor Shivani
Mohamed Badi
Shabir Patel
Waseem Tai
President & GS

Event Specific Fund Committee:

Asif Lala
Waseem Tai
Shaker A Aziz
Tarek Madani
Shoib Sikander being a Treasurer

Event Management Committee:

Office Bearers and
Abdul Kader Africawala
Nasir Ibrahim
Abdul Qader Teli
Ahmed Kamal
M. Jawaid Ashraf Kherani
M Ismail Menda

Education Committee

A.Rashid Kasmani
Shoib Sikander
Abdul Kader Africawala
Nasir Ibrahim
Abdul Qader Amin Teli
Mansoor Shivani
President & GS

Youth & Sports Committee:

Abdul Kader Africawala
Faisal Qasim Tai
M.Owais Rawani
Wasim Taie
Sadiq sorathia
Shakir Aziz
A.Qader Teli
M. Jawed Ashraf Kherani
Iqbal Advani Sponsor of Team
President & GS

Newsletter Committee:

Tayyab Moosani
Rashid Kasmani
Nasir Ibrahim
Salim Burmawala
Irfan Kolsawala

Dispute Settlement Committee:

M Iqbal Advani
Munaf Abdul Sattar
Younus Habib
Kaleem Naviwala
Shabir Patel
Younus Abdul Sattar
Mansoor Shivani
President & GS

Costitution Committee:

Dr. Iqbal Musani
Nasir Ibrahim
Rashid Kasmani
Shoib Sikander
Siraj Lala
President & GS

Ladies Committee:

Wives of Members of
Core Committee and
Advisory Committee

فَلَا تُكْفِرُوا

أُولَئِكَ

بِئْسَ لِلَّهِ

The voluntary Services of Memon Welfare Society

میمین ویلفیئر سوسائٹی کی فلاحی خدمات

*Helping needy students for education fee

*Helping Community members for health care for those who cannot afford med expenses

*Helping in Coffin & Burial Services

*Helping & guiding unemployed in seeking employment

*Extending free Matrimonial services

*Beside above we are assisting some Madrassa by paying fees of needy students and schools where the students receive education but cannot afford even the nominal fee.

*Organize other social & welfare programs for our community such as Seminar, Families get to gather together, Career guidance sessions, evening with scholar etc

*Also help financially and materially the victims of natural disaster such as flood and Earth quake etc.

*Collect used clothes and dispatch them by cargo for needy people in Pakistan, India, Bangladesh, Burma, Somalia. This is a unique service.

*Collect unused medicines for free medical camps organized by Pakistan welfare Society in Consulate General of Pakistan Jeddah every alternate Friday regularly.

No doubt, Memon Welfare Society is playing a significant role by providing an opportunity to the community families to meet, greet and eat together from time to time, which is not a piece of good fortune only but strangers of yesterday become friends of today and then some of them become relative tomorrow. However, In order to perform well, we have formed various committees to undertake their respective responsibilities. In brief MWS is purely social and welfare forum to serve the community and humanity inside KSA.

-تعلیم اور مدرسے کی فیس کے لئے ضرورت مند طالب علموں کی مدد

-ان لوگوں کو جو طبی علاج کے اخراجات کا متحمل نہیں ہو سکتے کی مدد

-کمیونٹی کے رکن کے انتقال کے بعد تدفین میں مدد

-روزگار کی تلاش میں بے روزگار کی رہنمائی و مدد

-بچوں کے لئے رشتے کی تلاش میں مدد

-اس کے علاوہ اپنی کمیونٹی کے لئے اکثر دیگر سماجی اور فلاحی سرگرمیوں کا اہتمام

-مختلف موضوعات پر سیمینار کا انتظام

-برادری کی فیملیونکی اجتماعی تقاریب

-مستقبل کے کیریئر کے لئے طالب

علموں کو مشورہ

-مشہور عالم شخصیات کے ساتھ شام

-استعمال شدہ پرانے لباس جمع کر کے اسکی پاکستان ہندوستان بنگلہ دیش برما

صومالیہ کے غریبوں کے لئے ترسیل

-مفت طبی کیمپ کے لئے غیر استعمال شدہ ادویات کی کلیکشن -

کوئی شک نہیں، میمن ویلفیئر سوسائٹی -

مختلف خاندانوں کی ملاقات کروانے -

ایک ساتھ طعام کر کے سلام و دعا

کروانے اور دوستی ورشتہ داری قائم

کرنے کے مواقع فراہم کر کے کمیونٹی

میں اہم کردار ادا کر رہی۔

اس کے علاوہ سوسائٹی نے اپنی اپنی ذمہ

داریوں اور فرائض کی بخوبی انجام دہی

کے لئے مختلف کمیٹیاں تشکیل دی ہوئی ہیں۔

المختصر --- میمن ویلفیئر سوسائٹی خالصتاً سماجی اور برادری کی فلاح و بہبود اور انسانیت کی خدمت کرنے کے لئے سعودی عربیہ میں ایک مفید فورم ہے۔



Important Announcement about sports

Sports Fan particularly invested memon boy and youth should be pleased to know that we have had a warm up match and provisionally formed a Cricket team, but still we need more young people to join Cricket team. We have plan to form two teams; one is junior eleven of below 40 years of age and senior eleven over 40 of age. If any one interested to join either team as per his age will be more than welcome. For junior eleven, please contact Abdul Kader Africawala on phone No. 0541757782 and for senior eleven please contact Tayyab Moosani on phone No. 0507183572 and have your name registered. Please note that the kit will be provided without any fee once the team is formed finally. All registered player should be present at ground as and when invited. The sponsor of the team will be our Patron Mr. M Iqbal Advani. Please hurry up and get your self registered for the Cricket team asap. After Ramadan both Senior and Junior Teams will formed finally.

Voluntary Matrimonial Services

Always after family gatherings arranged by MWS-MASA, several families become active in searching match for their grown up children from among the community. Al Hamdo Lillah in this connection a good progress is going on, in fact proposals among various families for their children are being exchanged with the help of families of some office bearers under strict confidentiality. However, we kindly request all those memon families whose children are grown up and they intend to look for OR waiting for match now or after some time, may please submit very brief particulars about their children. We can help them in finding match for their children. All information provided to us will remain confidential and all communications between two families will also be under strict confidence. Needless to mention that some families are already in contact with us and we are extending help to them for finding match for their children. Serious families (ladies only) may contact a responsible lady of MWS-MASA on 0569905776 or 0534389079 and let her know the details about searching a match. Good Luck.

For kind attention of our community ladies

Our Ladies Committee intends to prepare a plan for the programs to be held for ladies only. We therefore request all ladies of our community to assist our ladies committee in chalking out a plan of various programs of their interest. The office bearers will welcome suggestion from ladies committee and shall do their best to help them in organizing their exclusive programs, once approved. For suggestions, our ladies may please send an email to Mrs. Erum Shoaib on her Email address: etaufiq@yahoo.com, and if any lady of our community would like to discuss any program over the phone, she can send her phone on email to Mrs. Erum and she will call the concern and discuss over the phone. Our ladies are requested to please come forward and suggest programs of their interest to the ladies committee asap.

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The door is about to close – Farewell to Ramadan

Source: islamicity bulletin

Normally, a guest does not stay long with his host. After dropping by for a while and completing his purpose or courtesy call, he shall finally say goodbye and depart. When he will return is something that cannot be determined exactly by the host since he does not possess the will of his visitor, nor does he have any control and authority over him. Such visitor could return at his appointed time but may not find the same host for he could have left for the destination from which he will never return at all.

This is how Ramadan manifests itself to the Muslim Ummah so that when it leaves and departs in a few days from now, none of us has the assurance of receiving it again next year simply because none of us knows his fate – whether he will be still around, or will already have joined his Creator – by the time Ramadan returns again next year.

This blessing and virtue-filled guest of the believers has only come and stayed with us for a while to bring us a chance to purify and cleanse ourselves of wrongdoing and misdeeds and lay before us the opportunity to invest for the next world for which all living creatures are inevitably bound.

A person who has been indifferent since the beginning of this month and who only pays little attention to the essence and greatness of Ramadan can still rise up and toil on any act of worship he willingly chooses so as not to be totally deprived of the immense reward lying in wait for him in the life after death.

So much is the time spent in roaming around or staying awake at night for senseless things.

“The worth of time is the worth of man’s life”, the popular Arab writer Abbas Aqqad said.

Once Hasan Al-Basari passed by a group of people who made mockery of Ramadan. He then said: ” Indeed, Allah has created the month of Ramadan as a racetrack for his servants where they compete with one another in worshiping Him. A group has advanced ahead and won while other groups have lagged behind and failed to win. What is more astonishing is one who laughs and makes fun in the day. Those who have come ahead are the winners and those who have mocked are the losers. “

Lucky is the one who is able to grab the Laylatul-qadar (Night of Power), a single night which could only be found in the last ten days of Ramadan from 20th until 30th – which is better and superior to one thousand months of worship. Allah said: ” We have indeed revealed this message in the Night of Power. And what will explain to thee what the night of power is? The Night of Power is better than a thousand months. There come down the Angels and the spirit by Allah’s permission on every errand: Peace! This until the rise of morning ([Qur’an 97:1-5](#)).

It has been suggested that the Night of Power could be on 21st, 23rd, 25th, 27th or 29th. The reason why Allah, the almighty, did not make known on which night this virtuous night falls, is so that His servants will strive hard to seek and seize that particular night by performing various acts of worships starting on the night of 21st especially like in acts of ibadah such as tahajjud, recitation of the Qur’an and many more in the middle of the night.

A Celebration At The End Of Ramadan

Source: islamicity bulletin

One of the most joyous days in the Islamic calendar, Eid al-Fitr, also known as Eid ul-Fitr or Eid, is a celebration that marks the end of Ramadan (a holy month of fasting observed by Muslims). This year Eid al-Fitr will most likely be observed on Thursday, August 8, 2013 in the United States. It is celebrated on the first day of Shawwal, the 10th month of the Islamic lunar calendar. Traditionally, the observance begins with the sighting of the new moon. While many will wait to see the moon or an announcement from Mecca, the Fiqh Council of North America has determined that Eid al-Fitr 2012 will fall on August 8, 2013, based on astronomical calculations.

According to a hadith attributed to Anas ibn Malik, a companion of the Prophet Muhammad, the two festivals of Eid al-Fitr and Eid al-Adha were instituted by the Prophet after his journey from Mecca to Medinah.

“When the Prophet arrived in Medinah, he found people celebrated two specific days in which they used to entertain themselves with recreation and merriment. He asked them about the nature of these festivities to which they replied that these days were occasions of fun and recreation. At this, the Prophet remarked that the Almighty has fixed two days [of festivity] instead of these for you which are better than these: Eid al-Fitr and Eid al-Adha.

The first Eid al-Fitr was celebrated in 624 CE by the Prophet Muhammad and his companions after the victory of the battle of Jang-e-Badar.

To mark the beginning of Eid and in accordance with the Sunnah, or practices of the Prophet Muhammad, many Muslims wake up early in the morning and pray Salat ul-Fajr, or the pre-dawn prayer. After brushing their teeth, taking a bath and wearing perfume, they have breakfast before heading off to perform special congregational prayers known as Salaat al-Eid. Many Muslims recite the takbir, a declaration of faith, on the way to the prayer ground and give special charitable contributions known as Zakat al-Fitr.

Eid al-Fitr is a day of great merriment and thanksgiving. Muslims celebrate by gathering with friends and family, preparing sweet delicacies, wearing new clothes, giving each other gifts and putting up lights and other decorations in their homes. A common greeting during this holiday is Eid Mubarak, which means, “Have a blessed Eid!”

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**Pictorial view of Celebration of
8th Anniversary of Memon Welfare Society (MASA) and
7th Anniversary of MASA Newsletter (a monthly Bulletin of MWS)
Held on 2nd June 2016 at LaSani (Spinzer) Restaurant, Jeddah**



President Irfan Haji Ahmed Kolsawala welcoming the attendees of the event while Dr.Mohammed Umer Chapra and Iqbal Memon Officer congratulating MASA and expressing their views about MWS – MASA.



Secretary General, Tayyab Moosani Presenting comparison of activities between former inconstant memon jamat from 1987-2007 (30 years) and 2008 – 2016 (continuous since 8 years), Audience listening to it attentively,



Only Board Members and their families were invited on this occasion. Almost 125 persons attended the event.



Cont....from pre page,,,,,,,,, MASA 8th Anniversary Celebration



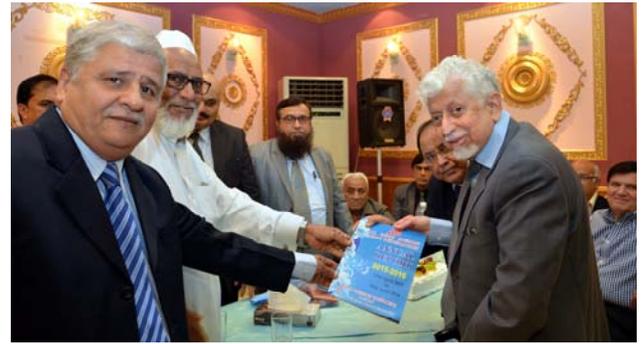
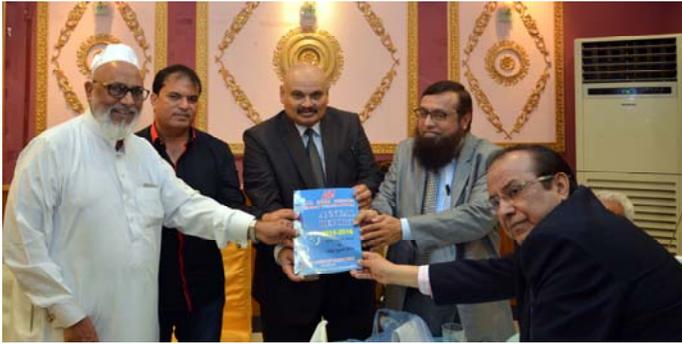
Cake Cutting Ceremony on 8th Anniversary of MASA and 7th Anniversary of MASA Newsletter being conducted by the Chief Guest, Dr. M U Chapra and Presiding Guest, Mr. Iqbal Memon Officer, Patrons, Offic Bearers and Board Members.



Cakes for 8th Annivervary of MASA and 7th Anniversary of MASA Newsletter. One was for the Gents and other one for Ladies section.



Celebrating happiness by sharing piece of cake and a group of Board Members with guests of honour.



Janab Iqbal Memon Officer, President, All India Memon Jamat Federation presenting Annual Report Of AIMJF 2015-2016 to the office bearers of MWS-MASA and to the Chief Guest Dr. M U Chapra.

Our Managing Board

with Chief Guest and Presiding Guest



(Sitting L – R) Dr. Iqbal Musani, Shabir Patel, Faisal Luqman, Kaleem A Nawiwala (Patron) Munaf A. Sattar (Patron) Iqbal Memon Officer (President AIMJF) Dr. M. Umer Chapra (Chief Guest) Irfan H Ahmed Kolsawala (President MWS-MASA) Tayyab Moosani (GS) Mansoor Shivani (VP)
 (Standing 1st Row L – R) Asif Lala, Younus A Sattar, Munaf S Dhedi, Shoaib Sikander (Treasurer) Saleem Habib, Iqbal Advani (Patron) Ahmed Kamal, Younus Habib (VP) Abdul Rahman Merechant (Patron) A Rashid Kasmani (JS)
 (Standing 2nd Row L – R) Abdul Kader Africawala, Owais Rawani, Jawaid Kherani, Siraj Adamjee, Yousuf Tai, Saadiq Sorathia,
 (Standing Last Row L – R) Wasim Tai, Faisal Kasam Tai, Shaker A Aziz, Nadeem A.K. Bhamla, Irfan Bhimriwala

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Media Coverage



13 June 2016

Celebration of 8th Anniversary of MWS- MASA and 7th Anniversary of MASA Newsletter was covered by Leading local Urdu News Paper of Saudi Arabia "Urdu News" Daily.



مین ولفیئر سوسائٹی کے یوم تاسیس کے موقع پر مہمان خصوصی ڈاکٹر محمد عمر چھاپرا اور دیگر شرکاء کا گروپ فوٹو

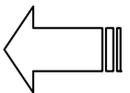
مین ولفیئر سوسائٹی جدہ کے یوم تاسیس پر پروقار تقریب

کنگ فیصل ایوارڈ یافتہ ڈاکٹر محمد عمر چھاپرا مہمان خصوصی تھے، آل انڈیا مین جماعت فیڈریشن کے صدر اقبال مین نے صدارت کی

مین ولفیئر سوسائٹی جدہ کے 8 سال مکمل ہونے پر وقار یوم تاسیس تقریب کا انعقاد کیا گیا۔ کنگ فیصل ایوارڈ یافتہ اور ماہر اسلامی معاشیات ڈاکٹر محمد عمر چھاپرا نے بطور مہمان خصوصی شرکت کی۔ آل انڈیا مین جماعت فیڈریشن کے صدر اقبال مین جو عمرہ کیلئے آئے ہوئے ہیں تقریب کی صدارت کی۔ تقریب کی ابتداء تلاوت کلام پاک سے شروع کی گئی۔ حافظ محمد کمال کی قرات کے بعد حافظ احمد عرفان نے نعت پیش کی۔ اسکے بعد صدر مین ولفیئر سوسائٹی عرفان کوسا والا نے مہمان خصوصی ڈاکٹر چھاپرا، صدر تقریب اقبال مین اور شرکاء کا خیر مقدم کیا۔ سیکریٹری جنرل مین ولفیئر سوسائٹی نے مین ولفیئر سوسائٹی کی 8 سالہ کارکردگی پیش کی۔ مین ولفیئر سوسائٹی نے کہا کہ جدہ میں مین ولفیئر کا اعلیٰ مقام ہے جو خدمت خلق میں کسی بھی تنظیم سے پیچھے نہیں۔

مہمان خصوصی ڈاکٹر محمد عمر چھاپرا نے کہا کہ مین ولفیئر سوسائٹی کی تقریب میں مدعو کرتی ہے اسے اعزاز سمجھتے ہیں۔ صدر تقریب اقبال مین جو تقریباً 500 مین جماعتوں کے ہند میں صدر ہیں نے

مین ولفیئر سوسائٹی کو مبارکباد پیش کی اور کہا کہ مین ولفیئر سوسائٹی جدہ میں عالمی شہرت کی حامل ہے اس کے ماہانہ نیوز لیٹر کے ذریعے پوری دنیا میں مین ولفیئر سوسائٹی کی آگاہی ہوتی ہے۔ مہمان خصوصی اور صدر تقریب نے مین ولفیئر سوسائٹی کی 8 ویں اور نیوز لیٹر کی ساتویں سالگرہ کا کیک کاٹنے کی رسم ادا کی۔ حلقہ خواتین کی نمائندہ پرویسر ارم شیب نے خواتین کی حوصلہ افزائی پر عہدیداروں کا شکریہ ادا کیا۔ مستقبل کے حلقہ خواتین کے پروگرام پیش کئے۔ نائب صدر یونس حبیب نے شرکاء خاص کر سوسائٹی کے سرپرست اقبال اڈوانی، مناف عبدالستار، محمد بلج، عبدالرحمان مرچنٹ، بطیم احمد اور آج کی تقریب میں پیش پیش شیب مین ولفیئر سکندر منصور شیوانی اور عبدالرشید کاسانی اور احمد کمال کی کا شکریہ ادا کیا جن کے بغیر تقریب کی کامیابی ممکن نہیں تھی۔



15 June 2016

Celebration of 8th Anniversary of MWS- MASA and 7th Anniversary of MASA Newsletter was covered by Leading local English News Paper of Saudi Arabia "Arab News" Daily.

Memon Welfare Society celebrates 8th anniversary

ARAB NEWS

JEDDAH: The Memon Welfare Society (MWS) celebrated its eighth anniversary last week here with several leading members of the expatriate community in attendance.

Mohammed Umar Chapra, a well-known scholar, Islamic economist, author and recipient of the King Faisal Award, was the chief guest. He congratulated the MWS for its achievements over the past eight years and said he was honored to attend the event.

Others in attendance included Iqbal Memon, president of the Memon Jamaat Federation in India, who was in the country for Umrah and presided over the function. Also present were MWS patrons Iqbal Advani, Munaf A. Sattar, Mohammed Badi, Kaleem Naviwala, A. Rahman Merchant, and several board members and



COMMUNITY SUPPORT: Mohammed Umar Chapra, a well-known scholar, Iqbal Memon, president of the Memon Jamaat Federation in India, and members of the Memon Welfare Society, at the organization's 8th anniversary in Jeddah recently. (AN photo)

their families, including Iqbal Musani. The event began with a recital from the Holy Qur'an by Hafiz Mohamed Ahmed Kamal, with a Naat Sheriff by Hafiz Ahmed Irfan. President of the MWS, Irfan Haji Ahmed Kolsawala, welcomed the guests and attendees and congratulated the Memon community on the occasion. Tayyab Moosani, secretary general of the MWS, briefed the guests about the history of the organization and the challenges it faced

over the years. He said the organization had provided a great deal of social and welfare services for the community.

Memon said the MWS was known globally for its welfare services. He said that he had been coming for Umrah regularly and has watched the organization's growth over the years.

He congratulated the office bearers and board members and praised the newsletter committee led by Moosani for issuing it for seven years. He said it was not easy producing a bulletin every month for over 1,000 subscribers. A representative of the women's wing of the MWS Erum Shoaib highlighted programs for women in the future.

At the end, Younus Habib, vice president of the MWS, thanked the dignitaries and members of the organizing committee Shoaib Sikander, Mansoor Shivani, Rashid Kasmani, Ahmed Kamal and Jawed Kherani.

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MWS organization celebrates its 8th anniversary



Patrons and board members Memon Welfare Society with Dr. M. Umar Chapra and Iqbal Memon Officer at 8th anniversary of MWS-MASA. — Courtesy photos



Dr. M. Umar Chapra and Iqbal Memon Officer along with patrons and office bearers of MWS during the cake-cutting event at the 8th anniversary of Memon Welfare Society KSA.

BY SYED MUSSARAT KHALIL
SAUDI GAZETTE

JEDDAH — Memon Welfare Society (MWS) a reputable social organization of Memon community celebrated its 8th anniversary of establishment and the 7th anniversary of MWS internal bulletin at Lasani Restaurant, recently. The bulletin has almost 1,000 subscribers.

Iqbal Memon Officer, president of 500 Memon Jamaats Federation in India, presided over the function. He is here on a visit to perform Umrah

Dr. Mohammed Umar Chapra, a well-known scholar, Islamic

economist, author of various books and recipient of King Faisal award, graced the occasion as chief guest.

The event was attended by various dignitaries including MWS patrons Iqbal Advani, Munaf A. Sattar, Mohammed Badi, Kaleem Naviwala, Abdul Rehman Merchant and other board members and their families.

The event begun with recitation of verses from Holy Qur'an by young Hafiz Mohamed Ahmed Kamal. Naat was recited by Hafiz Ahmed Irfan.

Irfan Haji Ahmed Kolsawala, president MWS, welcomed the guests and congratulated the

Memon community for contributing to the completion of 8 years of existence of MWS.

Tayyab Moosani, general secretary MWS, briefed the guests about the history and welfare activities of the group. MWS has attained recognition due to its social and welfare services without distinction, he added.

Dr. M U Chapra congratulated MWS for completing 8 years of splendid performance. He said I always am honored to attend MWS events. He expressed his best wishes to MWS.

Iqbal Memon Officer said the Memon community is known

globally for its welfare services. He said he has been coming for Umrah frequently and observing the progress of MWS over the years. He also congratulated all members of MWS-MASA.

Prof Mrs. Erum Shoaib, representative of women wing MWS, expressed her views and asked for certain programs to be held in the near future.

Younus Habib, vice president, thanked guests and services of MWS members included Shoaib Sikander, Mansoor Shivani, Rashid Kasmani, Ahmed Kamal, Jawed Kherani. Finally a cake cutting ceremony was held followed by dinner.

**Pictorial view of Iftar with Dinner for Male Members of Our Community
Organized by Memon Welfare Society (MASA) on 14th June 2016 cor.
9th Ramadan Al Kareem 1437 H at LaSani (Spinzer) Restaurant,
Jeddah attended by almost 150 persons of various profession
and fully sponsored by Board Members of MWS-MASA**



President MWS Mr. Irfan H Ahmed Kolsawala and GS Mr. Tayyab Moosani addressing the guests at Iftar Party. While seniors including Abdul Sattar Bakhshi, Mohammed Chapra, Haji Ahmed A Karim, Munaf Ghamdi, Arif Punjabi, Patrons of MWS, are listening to the speeches with great interest.



A view of community brothers (invitees) at Iftar Party



View of community brothers (invitees) at Iftar Party



Senior most memon personality of Jeddah Mr. Abdul Sattar Bakhshi (95 years) having Iftar & Dinner. Masha Allah.



After Iftar, Magrib Prayer and a cup of Tea, guests are waiting for the Dinner before Isha Prayer.



Short Essay on Health is Wealth

It's meaning: We all know the popular saying "Health is Wealth". By health we do not mean the absence of physical troubles only. But it is a state of complete physical, mental and social well-being. The loss of health is a loss of all happiness. Mahatma Gandhi also says, "*It is health which is real wealth, and not pieces of gold and silver*".

Health is more important than wealth. A rich person can afford various luxuries of life such as a big car, large house, costly accessories, air-conditioners, etc. But, he can enjoy these luxuries only if his health is good.

Importance of light, air and water: Good health depends on several things. Fresh air and sunlight are very important for our health. Fresh air helps us to improve our immune system and overall health. So a [morning walk](#) is very useful for health.

Sunlight helps our body to produce vitamin-D. A dirty and damp atmosphere causes lots of diseases. Fresh and pure drinking water is also necessary for good health. Impure drinking- water is the cause of several diseases. So, we must take care of these things.

Food: Food is another necessary thing for the body. Nutritious foods helps us to maintain good health. Consumption of healthy foods helps us to minimize any health related problems. We all should know, how, when and what to eat. We should always include a portion of green vegetables, fruits or salads in our meal. Green vegetables are sources of vital nutrients. Our digestive system plays a key role in our overall health. Fiber rich foods such as whole grain wheat, bran rice, etc. help us improve our digestive system.

A balanced and nutritious diet helps the proper growth of the body. But we must remember that we eat to live and not that we live to eat. In India, over-eating causes a large number of deaths. If we eat less, we may live more.

Physical exercise and sports: We know the proverb, "A sound mind in a sound body". In order to keep the body healthy, we need to keep the mind sound. [Physical exercises](#) keep us fit. There are different kinds of physical exercises. We may walk a kilometer or two every day. We may take some yogic exercises. At the same, games and sports are very useful for health.

Also read: [Short paragraph on "Health is wealth"](#).

Cleanliness: Cleanliness is essential for good health. Without cleanliness, it is very difficult to maintain proper health. We should clear our house and the surrounding areas every day. Every day, we should bath twice, in the morning and in the evening. After eating food, we should clean our hands with soap. Various types of diseases erupts from unclean surroundings. We should always throw the garbage in the dustbin. A disease-free body is a healthy body, and cleanliness is the key for health.

Some rules of hygiene: We must know some simple rules of hygiene. Our house must be airy and sunny. Apart from all this, we must form [good habits](#). We should keep ourselves free from cares and anxieties. Early rising is equally necessary for good health. So we must try to keep fit. Health is the real wealth.

Conclusion: Health is a great treasure. It is the highest blessing. It is the source of all happiness. Money can't buy happiness. Happiness is priceless and not dependent upon the wealth of a person. Good health, however, contribute to the emotional well-being and happiness of a person. Even with limited income, a person with sound health can lead a happy and enjoyable life.

Good News & Bad News

A man receives a phone call from his doctor.
 The doctor says, "I have some good news and some bad news."
 The man says, "OK, give me the good news first."
 The doctor says, "The good news is, you have 24 hours to live."
 The man replies, "Oh no! If that's the good news, then what's the bad news?"
 The doctor says, "The bad news is, I forgot to call you yesterday."

Common Sense

An Illiterate **Father** with his Educated **Son** went on a Camping Trip, They Setup their Tent 'n Fell Asleep.
 Some Hours Later, **Father** Wakes his **Son** 'n Asks :
 "Look Up to the Sky 'n Tell Me what you See?"
Son: I See Millions of Stars. :O
Father: What does that Tell You?
Son: Astronomically,
 It Tells that there are Millions of Galaxies 'n Planets.
Father Slaps the Son Hard 'n says: Idiot, Someone has Stolen Our Tent!

School Teacher's Note

An elementary school teacher sends this note to all parents on the first day of school.

"If you promise not to believe everything your child says happens at school, I will promise not to believe everything your child says happens at home."



Boy: I checked yesterday that I don't have any iron in my body
 Girl: How did you check?
 Boy: I checked with a Magnet, it was not sticking to me..!

Ten Short English Jokes

1. Why do cows wear bells?
Because their horns don't work.
2. What is the longest word in the English language?
'Smiles'. Because there is a mile between its first and last letters.
3. Why did the bald man paint rabbits on his head?
Because from a distance they looked like hares.
4. Did you hear what the English, the Irish and the Scots did when they heard the world was coming to an end? The English all went out and got drunk. The Irish all went to church. And the Scots had a closing down sale.
5. There are four kinds of people in the UK :
 - i. First, there were the Scots who kept the Sabbath - and everything else they could lay their hands on;
 - ii. Then there were the Welsh - who prayed on their knees and their neighbours;
 - iii. Thirdly there were the Irish who never knew what they wanted - but were willing to fight for it anyway.
 - iv. Lastly there were the English who considered themselves self-made men, thus relieving the Almighty of a terrible responsibility.
6. What do you do if you are driving your car in central London and you see a space man? Park in it, of course.
7. What government agency is responsible for finding lost vicars? The Bureau of Missing Parsons.
8. Last night there was a big fight in our local fish and chip shop - a lot of fish got battered.
9. Last night a man fell into a barrel of beer and drowned - he came to a bitter end.
10. Did you hear about the man who was convicted of stealing luggage from the airport? He asked for twenty other cases to be taken into account.



ہاپانی حکومت نے ترقی اور سے پرہم کا ہے، شاہد بیٹے بنا کر شاہد۔ ممبر جس روغن کریں گے اس موقع پر پاکستان سے آئے ہوئے دستک دیکھنے کا موقع ملا جہاں صرف سائیکس سو بجزوں کے لیے ہی بڑا فرار کا اور شہید شریک تھے۔

مصرف کار سے، مہمان خصوصی ڈاکٹر محمد چھپرا نے کہا کہ سائنس و ٹیکنالوجی دنیا کی ترقی کی کلید ہے۔ ہمیں سائنس کی ترقی سے ہمیں امن و محبت کو فراہم کرنے ہیں۔

ظاہر ہے سائنس کی ترقی کے لیے حکومت کی طرف سے سہولتیں فراہم کرنے کی ضرورت ہے۔ سائنس کی ترقی کے لیے حکومت کی طرف سے سہولتیں فراہم کرنے کی ضرورت ہے۔

یوم تکبیر کے موقع پر سمپوزیم

میں ویلفیئر کی 8 ویں سالگرہ کی تقریب

شاہد نعیم
(نمائندہ جنگ،
سعودی عرب)



میں ویلفیئر سوسائٹی کی تقسیم مسکن ڈاکٹر محمد چھپرا کے سربراہی میں

پہلے ہی ترقی کے لیے ہمیں سائنس کی ترقی سے ہمیں امن و محبت کو فراہم کرنے ہیں۔

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میں ویلفیئر سوسائٹی کی تقسیم مسکن ڈاکٹر محمد چھپرا کے سربراہی میں

پہلے ہی ترقی کے لیے ہمیں سائنس کی ترقی سے ہمیں امن و محبت کو فراہم کرنے ہیں۔

ON BEHALF OF MWS – MASA, RAMADAN GREETING TO ENTIRE MEMON COMMUNITY THROUGHOUT GLOBE

Thank you for your time and kind attention. The Newsletter ends here,,,,,,,,,,,,,

On behalf of MWS-MASA

Eid Mubarak

to our entire Memon Community throughout globe wherever this newsletter reaches.
May Allah Almighty Bless You.